

## **DIVISIONAL NUTRITION POLICY**

Beautiful Plains School Division believes:

- Parents bear the primary responsibility for the nutritional well being of their children.
- The Province of Manitoba bears the responsibility to make healthy food choices as outlined in “Guidelines for Foods Available in K-12 Schools in Manitoba” an attractive and affordable choice for all Manitobans.
- Schools have the responsibility to encourage healthy lifestyles and good nutritional habits as outlined in MECY curriculum.

BPSD recognizes that good nutrition is fundamental to:

- Normal child growth and development
- Learning and a readiness to learn
- A student’s ability to concentrate

Therefore BPSD will:

- Actively promote healthy eating consistent with instructional information in K-12 MECY curriculum documents.
- Ensure that where schools make food available through school canteens healthy choices will be promoted using the “Guidelines for Foods Available in K-12 Schools in Manitoba” as a reference.
- Make available to parents “Guidelines for Foods Available in K-12 Schools in Manitoba” as a nutritional reference guide.
- Vending machines within BPSD will only offer snacks and drinks that support good nutritional habits.
- Fund raising activities will not sell products that are of questionable nutritional value.
- This policy will become effective September 1, 2007.

Approved: February 6, 2007